

ROLE DESCRIPTION OUTREACH BEFRIENDING VOLUNTEERS

Whilst membership of MOSAC is open to all supporters of it's Aims and Objectives- Volunteering at MOSAC is open to Female Volunteers only **(Sex Discrimination Act 1975 (Part 2 (2) (E))**

BACKGROUND AND ROLE

We have a *new* London wide outreach Befriending Service at Mosac for non abusing parents/carer's of sexually abused children. We recognize and value the wide and diverse range of skills and experiences that volunteers can bring to support our new, much needed outreach Befriending Service.

Not everyone has the support that they can rely on to help them get through difficult times and major life changes. An Outreach Befriending Volunteer can help fill this gap by providing a supportive relationship, helping to build trust, raising confidence, combating social isolation and enhancing the quality of a client's life.

Outreach Befriending Volunteers at Mosac are in a position of trust as they will work on a one to one basis around the needs of non abusing parents/carers whose children have disclosed sexual abuse. The roles and tasks are varied and mutually agreed but will be governed by the policies and procedures of the project, e.g. helping someone get out of their house more, having a cup of tea at a café, going for a walk, visiting the client's home and talking about shared interests/hobbies.

Outreach Befrienders are volunteers who have gone through a process of recruitment, completed Mosac's training, induction and trial period and have been accepted by Mosac as volunteers. Their work is monitored, supported and supervised by the Outreach Coordinator.

- To develop and promote a positive relationship with the service user with whom the volunteer is matched.
- Have good listening and communication skills.
- Be non-judgmental in approach.
- To manage appropriate boundaries in the befriending relationship.
- Meet with the client on a weekly (or regular) basis as arranged; agree activities ensuring that these comply with the projects safety requirements/policies.
- To be consistent and dependable when working with a service user.
- Maintain confidentiality and adhere to the other policies and procedures of the project.

- Work in conjunction with the Outreach Coordinator to provide a quality service.
- Maintain records for monitoring, evaluation and tracking purposes plus service evaluation.
- Participating in regular support and supervision meetings with the Outreach Coordinator
- Be part of any relevant staff team training days.

PERSON SPECIFICATION

| ROLE: OUTREACH BEFRIENDING VOLUNTEER | | |
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| <p>The requirements as stated below relate solely to the duties and responsibilities laid out in the Role Description. Applicants should provide evidence of their ability to meet the following criteria. NB The Application Form should cover all criteria, any of which may be pursued at the interview.</p> | | |
| | <i>Factor</i> | <i>Essential /Desirable</i> |
| | KNOWLEDGE | |
| 1 | Awareness of general issues facing the client group | D |
| | SKILLS & ABILITIES | |
| 2 | Good listening and communication skills. | E |
| 3 | Commitment to personal development | E |
| 4 | Commitment to supporting the needs of client group | E |
| 5 | Ability to sensitively and appropriately relate to the client group | E |
| 6 | Ability to form a positive, supportive and boundaried relationship | E |
| 7 | Reliable, organized, consistent, dependable and have an ability to handle a level of stress | E |
| 8 | A caring, sympathetic, sensitive manner and a non judgmental approach | E |
| | ATTITUDE/APPROACH | |
| 9 | Willing to learn | E |
| 10 | Positive outlook and enthusiastic | E |
| 11 | Willing to help raise self esteem/confidence through a positive befriending relationship | E |

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| 12 | Flexibility | E |
| 13 | Patience | E |
| 14 | Ability to maintain confidentiality and abide by all other Mosac policies and procedures | E |
| 15 | Willingness to positively work with the Outreach Coordinator to ensure quality service, and the ability to ask for support when required. | E |
| | EXPERIENCE | |
| 16 | Experience working with a range of people from different backgrounds and working with vulnerable people. | D |
| | EQUAL OPPORTUNITIES | |
| 17 | Commitment to incorporating equality and diversity principles into all aspects of work. | E |
| | OTHER REQUIREMENTS | |
| 18 | Be willing to travel and work London wide, if required. | E |
| 19 | Be willing to have enhanced CRB disclosure. | E |
| 20 | Be willing to keep accurate records, review the client work from time to time with the Coordinator and service user, undertake record sheets, monitoring and evaluation and participate in the evaluation of the service. | E |
| 21 | Actively take part in regular support and supervision with the Outreach Coordinator and in line with service guidance. | E |
| 22 | Willing to give weekly few hours (e.g. 4 hours) at a time. | E |
| 23 | Be 25 years or above. | E |